



# PATIENT INTRODUCTION CARD

Date \_\_\_\_\_

Name \_\_\_\_\_ Social Security# \_\_\_\_\_  
Last First Middle

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home # \_\_\_\_\_ Cell # \_\_\_\_\_ Work # \_\_\_\_\_

Which would you prefer, email reminders or a text message for future appointments? (Circle one) Email Text message

Email address \_\_\_\_\_

Age \_\_\_\_\_ Birthdate \_\_\_\_\_ #Children/Ages \_\_\_\_\_ Marital Status M S W D

Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Spouse's Name \_\_\_\_\_ DOB \_\_\_\_\_ SS# \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Phone \_\_\_\_\_ Relation \_\_\_\_\_

Do you have health insurance? \_\_\_\_\_ What company? \_\_\_\_\_

Describe health concerns in detail, how it happened and your pain level (mild 1 2 3 4 5 6 7 8 9 10 severe)

\_\_\_\_\_  
\_\_\_\_\_

How has this affected your Activites of Daily Living? \_\_\_\_\_

\_\_\_\_\_

Date symptoms occurred? \_\_\_\_\_ Ever had similar symptoms?  Yes  No

Is condition related to auto accident?  Yes  No Employment?  Yes  No Referred by \_\_\_\_\_

What aggravates condition? \_\_\_\_\_ What makes condition better? \_\_\_\_\_

Describe care received before coming to this office and results \_\_\_\_\_

\_\_\_\_\_

Have you had chiropractic before? \_\_\_\_\_ Where? \_\_\_\_\_ When? \_\_\_\_\_

Do you wish spinal correction or temporary relief of your condition?  Correction  Temporary Relief

Have you ever had surgery?  Yes  No If yes, please explain (give month & year) \_\_\_\_\_

\_\_\_\_\_

Are you presently taking any medication?  Yes  No If yes, please give type, dosage and what it is for \_\_\_\_\_

\_\_\_\_\_

Have you ever had any falls, accidents or injuries?  Yes  No If yes, please explain (give month & year) \_\_\_\_\_

\_\_\_\_\_

Describe injured area(s) \_\_\_\_\_

\_\_\_\_\_

# HEALTH REVIEW

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Today's Date \_\_\_\_\_

Please check all symptoms you have experienced.

### CARDIOVASCULAR

- general swelling
- swelling in legs
- swelling in face / eyes
- chest pain
- heart "jumps"/ pounds
- rapid heart beat/ irreg
- hypertension
- heart attack
- harden of arteries
- pain over the heart
- blood vessel disease (phlebitis, etc.)
- any family member had stroke

### VERTEBROBASILAR

- double vision / blurred
- loss of coordination
- irregular muscle movement
- ringing in ears
- high blood pressure
- areas of muscle weakness
- dizziness with nausea
- dizziness without nausea
- fainting spells
- loss of memory
- inability to form words
- had a stroke
- periods of blindness

### WOMEN ONLY

- painful period
- spotting
- vaginal discharge
- premenstrual symptoms
- irregular periods
- birth control
- lumps in breast
- # pregnancies \_\_\_\_\_
- # deliveries \_\_\_\_\_
- Are you pregnant?  
 YES  NO

### MUSCULOSKELETAL

#### HEAD

- frequent headache
- severe headache
- head feels heavy
- vertigo
- light headedness
- loss of smell
- loss of taste
- loss of balance
- dizziness

### NECK

- neck pain / stiffness
- neck pain w/ movement
- swelling in neck
- pinched nerve in neck
- neck feels out of place
- muscle spasms in neck
- grinding sounds in neck
- popping sounds in neck

### SHOULDERS

- pain in shoulder
- R-L-Both
- pain across shoulders
- tension in shoulders
- muscle spasms in shoulders
- can't raise arm Rt / Lt
  - above shoulder level
  - over head

### ARMS & HANDS

- pain in upper arm
- R-L-Both
- pain in forearm
- pain in hand R-L-Both
- pain in fingers R-L-Both
- sensation of pins & needles
  - arms
  - in fingers
- fingers go to sleep
- cold hands
- swollen joints in fingers
- sore joints in finger
- loss of grip strength
- R - L - Both

### MIDBACK

- mid back pain
- sharp stabbing pain
- dull ache
- pain front to back
- pain kidney area
- muscle spasms in mid back area

### LOWBACK

- low back pain
- back feels out of place
- muscle strains

### HIPS, LEGS & FEET

- pain in buttocks
- pain down leg R-L-Both
- knee pain R-L-Both
- leg cramps R-L-Both
- pins & needles in legs
- numbness in legs /toes

- cold feet
- swollen ankles / feet

### SKIN/NAILS/HAIR

- eczema
- itchy / dry skin
- dry scalp
- psoriasis
- yellow skin
- bruise easily
- pale skin

### EYES

- blurring of vision
- double vision
- eyes fatigue easily
- excessive tearing
- lack of tearing
- light bothers eyes
- excessive itching
- pain in eyeball

### EARS

- loss of hearing
- pain in ears
- ear infections
- discharge from ears
- vertigo
- ringing in ears

### NOSE NASOPHARYNX SINUSES

- unusual nasal discharge
- nose bleeds
- pressure over eyes
- pressure under eyes
- obstruction of nose
- frequent colds
- sinusitis
- nasal allergies
- loss of sense of smell

### MOUTH AND THROAT

- pain in mouth
- pain of throat
- bleeding gums
- cavities
- abscessed teeth
- difficulty swallowing
- changes in voice

### VENERAL DISEASE

- AIDS
- syphilis
- gonorrhea
- other

### RESPIRATORY

- shortness of breath

- can't breath while lying down
- can't sleep while lying down
- dry cough
- productive cough
- coughing up blood
- wheezing
- asthma / bronchitis

### GASTROINTESTINAL

- poor appetite
- indigestion / heartburn
- can't eat some foods
- nausea & vomiting
- jaundice
- abdominal pain
- change in bowel habit
- diarrhea
- constipation
- hemorrhoids

### GENITOURINARY

- Urination is:  frequent
  - normal  infrequent
- Urine amount is:
  - high  normal  low
- need to get up at night to urinate
- abnormal intense desire to urinate
- difficulty starting urination
- decreased output
- pain urinating
- dribbling
- blood in urine
- cloudy urine
- lack of bladder control
- prostate problems (male)

### SOCIAL HISTORY

- smoking / tobacco use
- alcohol use
- Diet is:  balanced
  - not balanced
- Sleep is:  sufficient
  - insufficient
- Exercise is:  sufficient
  - insufficient
- My family stress is:
  - severe  moderate
  - minimal
- How do you like your work?
  - very much  ok  hate it
- My job stress is:  severe
  - moderate  minimal
- nervousness
- fatigue
- depression
- generally feel run-down

# Employment, Activities of Daily Living (ADL's) and Recreation Information

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Description of Work: \_\_\_\_\_

Condition's Effect On Job Performance:

- No Effect     Mild Painful (Can do)     Mod Painful (Limited)     Severe (Unable to Perform)

Daily Activities: Effects of Current Condition on Performance

- |                           |                                    |  |  |   |
|---------------------------|------------------------------------|--|--|---|
| Bending:                  | <input type="checkbox"/> No Effect | <input type="checkbox"/> Mild Painful (Can do) | <input type="checkbox"/> Mod Painful (Limited) | <input type="checkbox"/> Severe (Unable to Perform) |
| Care- Infirm Family:      | <input type="checkbox"/> No Effect | <input type="checkbox"/> Mild Painful (Can do) | <input type="checkbox"/> Mod Painful (Limited) | <input type="checkbox"/> Severe (Unable to Perform) |
| Carrying Groceries:       | <input type="checkbox"/> No Effect | <input type="checkbox"/> Mild Painful (Can do) | <input type="checkbox"/> Mod Painful (Limited) | <input type="checkbox"/> Severe (Unable to Perform) |
| Change Pstn Sit to Stand: | <input type="checkbox"/> No Effect | <input type="checkbox"/> Mild Painful (Can do) | <input type="checkbox"/> Mod Painful (Limited) | <input type="checkbox"/> Severe (Unable to Perform) |
| Climb Stairs:             | <input type="checkbox"/> No Effect | <input type="checkbox"/> Mild Painful (Can do) | <input type="checkbox"/> Mod Painful (Limited) | <input type="checkbox"/> Severe (Unable to Perform) |
| Driving:                  | <input type="checkbox"/> No Effect | <input type="checkbox"/> Mild Painful (Can do) | <input type="checkbox"/> Mod Painful (Limited) | <input type="checkbox"/> Severe (Unable to Perform) |
| Extended Computer Use:    | <input type="checkbox"/> No Effect | <input type="checkbox"/> Mild Painful (Can do) | <input type="checkbox"/> Mod Painful (Limited) | <input type="checkbox"/> Severe (Unable to Perform) |
| Feeding:                  | <input type="checkbox"/> No Effect | <input type="checkbox"/> Mild Painful (Can do) | <input type="checkbox"/> Mod Painful (Limited) | <input type="checkbox"/> Severe (Unable to Perform) |
| Household Chores:         | <input type="checkbox"/> No Effect | <input type="checkbox"/> Mild Painful (Can do) | <input type="checkbox"/> Mod Painful (Limited) | <input type="checkbox"/> Severe (Unable to Perform) |
| Kneeling:                 | <input type="checkbox"/> No Effect | <input type="checkbox"/> Mild Painful (Can do) | <input type="checkbox"/> Mod Painful (Limited) | <input type="checkbox"/> Severe (Unable to Perform) |
| Lift Children:            | <input type="checkbox"/> No Effect | <input type="checkbox"/> Mild Painful (Can do) | <input type="checkbox"/> Mod Painful (Limited) | <input type="checkbox"/> Severe (Unable to Perform) |
| Lifting:                  | <input type="checkbox"/> No Effect | <input type="checkbox"/> Mild Painful (Can do) | <input type="checkbox"/> Mod Painful (Limited) | <input type="checkbox"/> Severe (Unable to Perform) |
| Pet Care:                 | <input type="checkbox"/> No Effect | <input type="checkbox"/> Mild Painful (Can do) | <input type="checkbox"/> Mod Painful (Limited) | <input type="checkbox"/> Severe (Unable to Perform) |
| Reading (Concentration):  | <input type="checkbox"/> No Effect | <input type="checkbox"/> Mild Painful (Can do) | <input type="checkbox"/> Mod Painful (Limited) | <input type="checkbox"/> Severe (Unable to Perform) |
| Self Care Bathing:        | <input type="checkbox"/> No Effect | <input type="checkbox"/> Mild Painful (Can do) | <input type="checkbox"/> Mod Painful (Limited) | <input type="checkbox"/> Severe (Unable to Perform) |
| Self Care Dressing:       | <input type="checkbox"/> No Effect | <input type="checkbox"/> Mild Painful (Can do) | <input type="checkbox"/> Mod Painful (Limited) | <input type="checkbox"/> Severe (Unable to Perform) |
| Self Care Shaving:        | <input type="checkbox"/> No Effect | <input type="checkbox"/> Mild Painful (Can do) | <input type="checkbox"/> Mod Painful (Limited) | <input type="checkbox"/> Severe (Unable to Perform) |
| Sexual Activities:        | <input type="checkbox"/> No Effect | <input type="checkbox"/> Mild Painful (Can do) | <input type="checkbox"/> Mod Painful (Limited) | <input type="checkbox"/> Severe (Unable to Perform) |
| Sleep:                    | <input type="checkbox"/> No Effect | <input type="checkbox"/> Mild Painful (Can do) | <input type="checkbox"/> Mod Painful (Limited) | <input type="checkbox"/> Severe (Unable to Perform) |
| Static Sitting:           | <input type="checkbox"/> No Effect | <input type="checkbox"/> Mild Painful (Can do) | <input type="checkbox"/> Mod Painful (Limited) | <input type="checkbox"/> Severe (Unable to Perform) |
| Static Standing:          | <input type="checkbox"/> No Effect | <input type="checkbox"/> Mild Painful (Can do) | <input type="checkbox"/> Mod Painful (Limited) | <input type="checkbox"/> Severe (Unable to Perform) |
| Walking:                  | <input type="checkbox"/> No Effect | <input type="checkbox"/> Mild Painful (Can do) | <input type="checkbox"/> Mod Painful (Limited) | <input type="checkbox"/> Severe (Unable to Perform) |
| Yard Work:                | <input type="checkbox"/> No Effect | <input type="checkbox"/> Mild Painful (Can do) | <input type="checkbox"/> Mod Painful (Limited) | <input type="checkbox"/> Severe (Unable to Perform) |

Recreational Activity: Effects of Current Condition on Performance

- \_\_\_\_\_  No Effect     Mild Painful (Can do)     Mod Painful (Limited)     Severe (Unable to Perform)
- \_\_\_\_\_  No Effect     Mild Painful (Can do)     Mod Painful (Limited)     Severe (Unable to Perform)
- \_\_\_\_\_  No Effect     Mild Painful (Can do)     Mod Painful (Limited)     Severe (Unable to Perform)

(Examples: running, golfing, bowling, tennis, shopping, water sports, cycling, football, basketball, weight train, aerobics, biking, swimming, hunting, fishing, gardening, etc.)

Name: \_\_\_\_\_ Birthdate \_\_\_\_\_

**Financial Agreement**

Before the Doctor(s) of Cumming Chiropractic Center can provide you with their services, it is important that all financial arrangements be clearly understood. Our agreement for your health care is with you alone. Your insurance is not a part of this agreement. Policy benefits vary from company to company and from policy to policy within each company, you are advised that you may or may not be fully compensated under the provisions of your own insurance policy. Please note that the carrying of insurance by us is done as a courtesy to our patients. While insurance claims are being processed, your co-insurance/payment is due at the time of service.

However, I clearly understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment.

Patient's Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Witness \_\_\_\_\_

**Medical Information Authorization to Release**

I authorize the release of any medical information necessary to process my insurance claim(s) and also certify that all insurance information given to this clinic is correct and complete.

Patient's Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Witness \_\_\_\_\_

**Request for Payment of Benefits to Provider of Care**

I hereby authorize the \_\_\_\_\_ Insurance Company/Insurance Administrator to pay by check, and for it to be mailed directly to *Cumming Chiropractic Center* the expense benefits allowable and otherwise payable to me under my current policy, as payment toward the total charges for professional services rendered. I have agreed to pay, in a current manner, any balance of said applicable charges. I agree that this office be given power of attorney to endorse/sign my name on any and all drafts for payment of my bill.

Patient's Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Witness \_\_\_\_\_

**Acknowledgement of Receipt of Notice of Patient Privacy Practices**

I have read or been provided with a Notice of Patient Privacy Practices that provides a description of healthcare information uses and disclosures, I understand that I have the following rights and privileges:

- The right to review the Notice prior to signing this consent
- The right to object to the use of my health information for directory purposes.
- The right to request restrictions as to how my health information may be used or disclosed to carry out treatment, payment or healthcare operations.

Patient's Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Witness \_\_\_\_\_

**No Accident or Work Injury / No Secondary Insurance**

I, the undersigned, state that I was not involved in any auto accident or personal injury caused by any other party. I further state that my diagnostic test or treatment is not the result of any injury while on the job or by any other person related to my employment.

I, also, state that I am not insured under any additional (secondary) health insurance policies.

Patient's Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Witness \_\_\_\_\_

**Consent for Treatment of Minor (under age 18)**

I hereby authorize the Doctors of *Cumming Chiropractic Center* and whomever they may designate as their assistant(s), to perform diagnostic tests, including but not limited to radiographs, and to administer treatment as they deem necessary to my \_\_\_\_\_ (indicate relationship to child) \_\_\_\_\_ (Child's name).

Guardian's Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Witness \_\_\_\_\_


# Cumming Chiropractic Center

## Informed Consent

### REGARDING: Chiropractic Adjustments, Modalities, and Therapeutic Procedures:

I have been advised that chiropractic care, like all forms of health care, holds certain risks. While the risk is most often very minimal, in rare cases, complications such as sprain/strain injuries, irritation of a disc condition, and although rare, minor fractures, and possible stroke, which occurs at a rate between one instance per one million to one per two million, have been associated with chiropractic adjustments.

Treatment objectives as well as the risks associated with chiropractic adjustments and, all other procedures provided at Cumming Chiropractic Center have been explained to me to my satisfaction and I have conveyed my understanding of both to the doctor. After careful consideration, I do hereby consent to treatment by any means, method, and or techniques, the doctor deems necessary to treat my condition at any time throughout the entire clinical course of my care.

\_\_\_\_\_ / \_\_\_\_ / \_\_\_\_  *Witness Initials*  
Patient or Authorized Person's Signature Date


### REGARDING: X-rays/Imaging Studies

**FEMALES ONLY** → *please read carefully and check the boxes, include the appropriate date, then sign below if you understand and have no further questions, otherwise see our receptionist for further explanation.*

The first day of my last menstrual cycle was on \_\_\_\_-\_\_\_\_-\_\_\_\_ Date

I have been provided a full explanation of when I am most likely to become pregnant, and to the best of my knowledge, I am not pregnant.

By my signature below I am acknowledging that the doctor and or a member of the staff has discussed with me the hazardous effects of ionization to an unborn child, and I have conveyed my understanding of the risks associated with exposure to x-rays. After careful consideration I therefore, do hereby consent to have the diagnostic x-ray examination the doctor has deemed necessary in my case.

\_\_\_\_\_ / \_\_\_\_ / \_\_\_\_  *Witness Initials*  
Patient or Authorized Person's Signature Date

Name: \_\_\_\_\_ DOB \_\_\_\_\_

**Medical Information Release Form (HIPAA Release Form)**

I authorize to release my medical records to the person(s) or organization listed below:  
I hereby request and authorize you, your employees and agents of Cumming Chiropractic Center to furnish to the person(s) listed below or anyone designated in writing by them, all copies of recrds and reports, including copies of x-rays and Photostat copies, abstracts or excerpts of all records and any other information they may request relating to any examination, treatment or opinion concerning any condition that I may have had in the past, now have, or may have in the future.

Name of person(s) medical record may be released to:

Spouse \_\_\_\_\_

Child(ren) \_\_\_\_\_

Other \_\_\_\_\_

Information is not to be released to anyone.

This Release of Information will remain in effect until terminated by me in writing.

**MESSAGES**

Please call my  home  work  cell Number: \_\_\_\_\_

If unable to reach me:

you may leave a detailed message

please leave a message asking me to return your call

\_\_\_\_\_

Patient's Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Witness \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

# Cumming Chiropractic Center

## Photo Release

I give Cumming Chiropractic Center permission to photograph, film, or post details of my case (including one or more of the following: postural pictures, x-rays, adjustments, and or any comment or review that I may give) for the purpose of educating others about chiropractic care.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

I decline the right to photograph, film, or post details of my case (including one or more of the following: postural pictures, x-rays, adjustments, and or any comment or review that I may give) for the purpose of educating others about chiropractic care.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_